

# ADVICE FROM HIGH SCHOOL

Year 7 students share their tips and advice for how to have a great start to high school.

With a partner, read and discuss the advice from these Year 7 students. Write the main helpful idea from each one.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

In my first week of high school I fell over on the playground. It was a spectacular fall! I didn't hurt myself but I was really embarrassed. I just told myself that it was OK and soon no one will even remember. I tried not to let myself worry too much about it. My friends and I had a good laugh about it later. They said I could have been a stunt person!

**Rachel**

A tip that you should follow is easy but it does take time to learn... being organised. You won't like forgetting assignment due dates, classes, events etc. Write stuff down in your diary and check it every day. It helps - trust me!

**Jackson**

On my second day of high school I forgot to go to homeroom and went straight to my first class which was science. I saw people inside from different grades and I was confused. I showed someone my timetable and they took me to my homeroom and told my homeroom teacher what happened. I was embarrassed but I asked for help instead of just getting upset about it.

**Grace**

### My advice:

1. Be friendly - help people
2. Give homework in on time
3. Try some new activities and clubs
4. Bring all equipment and books to class
5. Be who you are - friends will like you
6. Try your best
7. Keep your uniform neat

**Jessica**



I only knew a few people when I started Year 7 so I was worried if it would be hard to make some good friends. The best advice I got from one of the teachers was to smile and ask people about themselves. I also joined some clubs at school and got to meet lots of people who were interested in the same things as me.

**Sophie**

Write your own tip here...

I was having trouble remembering my maths. I really tried and I understood it when we were in class but then later I would forget. My dad even tried to help me but he got stuck too. I told my maths teacher and he suggested I go to our school's 'homework help' session after school each Monday. There are teachers there who can help with my work. Now I get all the extra help I need so I don't get stuck as often.

**Ryan**